

VALLEY FORGE MINUTEMEN

2010 Winter Practice Schedule

Mites

Monday 5:45-7:00 PM
Wednesday 5:45-7:00 PM
Friday 5:45-7:00 PM

USE

Split
Split
Skill rotation (every other week)

Squirt Major and Minor

Tuesday 5:45-7:00 PM
Thursday 6:00-7:15 PM
Friday 5:45-7:15 PM

Split
Split
Skill rotation (every other week)

Peewee Major 98

Monday 7:30-8:30 PM
Tuesday 6:00-7:00 PM
Thursday 7:30-8:45 PM

Split w/99
Split w/99
Split w/99

Peewee Minor 99

Monday 7:30-8:30 PM
Tuesday 6:00-7:00 PM
Thursday 7:30-8:45 PM

Split w/98
Split w/98
Split w/98

Bantam Major 96

Tuesday 7:15-8:15 PM
Thursday 7:15-8:30 PM

Full Ice
Split w/VFC Bantams

Midget 16U National

Tuesday 7:10-8:45 PM
Thursday 9:00-10:15 PM

Full/Half Combine
Split w/16 American

Midget 16U American

Tuesday 7:45-9:20 PM
Thursday 9:00-10:15 PM

Full/Half Combine
Split w/16 National

*****Teams will be doing off-ice training before or after on ice practice. Team managers will provide the off-ice schedule as we get closer to the winter season.