

VALLEY FORGE MINUTEMEN

MIDGET MINOR AMERICAN 16U TIER 1 – AAA

BIRTH YEARS 1994 - 95

HEAD COACH: ROBERT LEWIS: rklewis@mac.com

Committed to the development of all student athletes by placing an emphasis on:

- **Quality Coaching**
- **Fundamental skill development through proper instruction and repetition**
- **Instilling the values of character, integrity, sportsmanship and teamwork**
- **Having fun while competing hard with pride, discipline and respect for the game**
- **Commitment to team, hard work and accountability**

Midget Minor American 16U Structure:

- **2 Quality Midget Minor 16 U AAA Showcase Tournaments**
- **Spring Skills (April 27 –June 29) 10 Sessions**
- **August Team Mini Camp**
- **Strength & Conditioning @ Speed Elite**
- **2 Practices per week (winter)**
- **AYHL league schedule**
- **Competitive Non League Exhibition Schedule**
- **Estimated 50 Game Schedule**
- **We Encourage players to play High School Hockey**

TEAM FEE: \$ 3,500

Coach Lewis' Bio and Philosophy:

- Jr. Flyers Head Coach 1998 Birth Year. 2008-2010
 - Won the Warrior National Showcase Tournament 2008-2009
 - Made the AYHL League Playoffs placing 4th
- Jr. Flyers Head Coach 1996 Birth Year 2009-2010
- Jr. Flyers Head Coach 1994 Birth Year 2006-2009
 - Won bid to Silver Stick Nationals 2006-2007
 - Won AYHL League Playoffs 2007-2008
 - Won 5 Tier I Elite Tournaments including the Little Caesars/Victory Honda Showcase in Detroit.
 - Placed Second in The AYHL League and District 2008-2009
- Jr. Flyers Head Coach 1991 Birth Year 2005-2006
- Valley Forge Minutemen Head Coach 1993 Birth Year 2003-2005
- Valley Forge Minutemen Asst. Coach Jr. B 2003-2005
- Dallas Ice Hawks Mites-Midgets 1995-2002
 - 2 State Championships
- Current USA Hockey coaching level: Master
- Played Pro hockey with Columbus Chill (ECHL), Dallas Freeze & Fort Worth Fire (CHL) and the Fresno Falcons (WCHL). Played youth Hockey in Detroit with Little Caesars, Redford Royals and Compuware. Drafted into the NAHL, Jr. "A" league by Compuware.
- Have job experience as the following: Director of Hockey Operations 7 years. Head Coach Youth Hockey teams 17 yrs.
HST hockey School Owner 15 yrs. Director of Rink Operations 5 yrs.

Coaching Philosophy: I will guide and train each of my players to Play Hard, Play to Win and Play to Have Fun. I put my players first as we work together to develop the character and skills of the game. My goal is to afford each individual the best learning & the best information so that they can succeed as an individual and teammate as long as the play competitive hockey. We will learn as a team the speed, agility, concepts and attitude of a winning hockey player.